A Message from the Assistant Dean

I am sure that you share my excitement about the arrival of Spring and all that is associated with this beautiful time of year...warmer weather, bright colors, more daylight, graduation and other celebrations, and, yes....the opportunity to register for Summer and Fall courses! As Assistant Dean of ESS, it is my pleasure to remind you that it is never too early to meet with a faculty advisor and make key choices and decisions regarding upcoming semesters and beyond. Faculty advisors are available all year around (even during the cold and snowy days of winter) to talk with you about a variety of topics including course selections, your major, your transfer and career interests, and your academic performance. Just as the warmth and vibrant colors of Spring bring excitement and comfort, talking with a faculty advisor can help you develop enthusiasm and a fresh outlook regarding your academic experience and endeavors.

You can connect with a faculty advisor in a number of ways. Please drop-in to see an advisor at Main Campus (BG-12) or at a regional center. You may also connect with a faculty member offering advising services in his or her office by logging onto MyCCP and visiting the STUDENT tab and the ENROLLMENT SERVICES channel where you will see a link for scheduling an advising appointment. Some faculty members announce availability for advising in class and you may meet with one of these faculty members as well.

For more information or to ask questions:

- visit us online at [http://www.ccp.edu/advising](http://www.ccp.edu/advising)
- follow us on Twitter @ccpadvising
- e-mail advising@ccp.edu

Please contact us and allow us to help you enjoy the warmth and brightness of Spring! We look forward to serving you and helping you make important decisions about your educational experience! Wishing you great success for the remainder of the Spring 2015 semester and beyond!

Larry
Extended hours in Library and Learning Commons!

For the last three weeks of the semester, all Library and Learning Commons locations, as well as the Bonnell SACC Lab will be open for an extra hour Monday through Thursday, with regular hours on Friday and Saturday.

The updated hours will be in effect from April 13th to April 30th:

Main Library
Monday - Thursday 8:00 am - 10:00 pm

Northeast Regional Center Learning Commons
Monday - Thursday 8:30 am - 9:00 pm

Northwest Regional Center Library
Monday - Thursday 8:00 am - 9:00 pm

West Regional Center Learning Commons
Monday - Thursday 9:00 am - 9:00 pm

Bonnell SACC
Monday - Thursday 8:00 am - 10:00 pm

The Library, Learning Commons, and SACC staff and faculty are committed to student success. Come see us, so we can help you achieve a strong end to the Spring semester.

Workshops

Employment Readiness Workshop Series

As part of the Center on Disability's (COD) efforts to empower students for future success and working in conjunction with the Career Services Center, the COD is pleased to present its spring Employment Readiness Workshop series. For more information, please contact Maria Zullo at 215-751-8049.

<table>
<thead>
<tr>
<th>Day and Time</th>
<th>Topic</th>
<th>Location</th>
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</thead>
<tbody>
<tr>
<td>Wednesday, April 15th</td>
<td>Impact of Paid Employment on SSDI/SSI and Healthcare &amp; Incentives Available for Transition - Michele Boardman from AHEDD</td>
<td>CBI, C2-28</td>
</tr>
</tbody>
</table>

Workshops on Wednesday in the Library

Workshops will be held in the Library Auxiliary Classroom, L1-41. [REGISTER here](#) (optional).

**EBSCOhost All Databases**

This workshop covers strategies for searching multiple databases.

Wednesdays 3/25/15 and 4/1/15
3:30 – 4:00 PM

**New to Interlibrary Loan (ILLiad)?**

When a book or article you need is not available in the Library, Interlibrary Loan (ILLiad) can help. This session will provide a basic overview of ILLiad and assist participants with setting up an Interlibrary Loan account.

*Wednesday 4/8/15*
*3:30 – 4:00 PM*
Your **Student ID** is required to enter the Library, Learning Labs, and SACC.

The last day of **tutoring** for the Spring semester is April 20th.

It’s FREE!

Don’t delay, stop by the Learning Lab (B1-28) today!

### Workshops on Wheels

Workshops will be held on Wednesday, April 1st, 1:30-2:30 pm in the Pavilion

#### Computer Skills: Microsoft Word, PowerPoint, Excel & Access

#### Plagiarism

#### Research Skills

### Learning Lab Workshops

**Microsoft Word Workshops** introduce students to the Word interface and basic formatting skills using menus and groups. Advanced features will also cover proofreading and revising research papers along with sending correspondence using merge mailings. Students will learn to incorporate bibliographies, citations, footnotes, endnotes, and track changes in their assignments.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Room</th>
<th>Instructor</th>
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</thead>
<tbody>
<tr>
<td>Monday</td>
<td>2:00-3:00 pm</td>
<td>B2-33C</td>
<td>Mavis Pogue</td>
</tr>
<tr>
<td>Tuesday</td>
<td>4:00-5:00 pm</td>
<td>B2-33C</td>
<td>Mavis Pogue</td>
</tr>
<tr>
<td>Thursday</td>
<td>1:00-2:00 pm</td>
<td>B2-33C</td>
<td>Mavis Pogue</td>
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</tbody>
</table>

### Upcoming Master Student Workshops:

All Workshops are free for the College’s students.

- No need to sign up.
- Just come to the sessions of your choice.
- Choose the best times and days for you.

#### Learning Styles and What They Mean to You (1 Session Workshop)

- **Wednesday, March 25** 9:10 – 10:10  B1-28G
- **Thursday, March 26** 4:30 – 5:30 B1-28G

#### Logical Fallacies (1 Session Workshop)

- **Monday, March 30** 1:30 – 2:30  B1-28G
- **Tuesday, March 31** 1:00 – 2:00  B1-28G
- **Wednesday, April 1** 9:10 – 10:10  B1-28G
- **Thursday, April 2** 4:30 – 5:30  B1-28G

#### Preparing for Finals (1 Session Workshop)

- **Monday, April 6** 1:30 – 2:30  B1-28G
- **Tuesday, April 7** 1:00 – 2:00  B1-28G
- **Wednesday, April 8** 9:10 – 10:10  B1-28G
- **Thursday, April 9** 4:30 – 5:30  B1-28G
**Math Workshops**

*Come join other interested students to improve both your understanding and your grades!*

**No sign-up required.** Join in **any** week, but regular attendance can pay off!!! You may attend workshops in addition to peer tutoring. Discussion and problem solving are based on the requests of the participants.

For more information about Main campus workshops, contact Ms. Ernie Goodman, Lab Secretary (215-751-8481), Gail Chaskes (gchaskes@ccp.edu) 215-751-8440, Lilla Hudoba (lhudoba@ccp.edu) 215-751-8793, or John Politis (jpolitis@ccp.edu) 267-299-5915, Math Specialists, in B2-36. *(evening/Sat workshops are in B1-28)*

<table>
<thead>
<tr>
<th>Main Campus Workshops</th>
<th>Day and Time</th>
<th>Location</th>
<th>Faculty</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Basic Math (016)</strong></td>
<td>Mon 12:45 – 1:45</td>
<td>B2-36A</td>
<td>Snyder</td>
</tr>
<tr>
<td>(Topics at the FNMT 016 level)</td>
<td>Thurs 9:45 – 10:45</td>
<td>B2-36A</td>
<td></td>
</tr>
<tr>
<td><strong>Beginning Algebra (017)</strong></td>
<td>Mon 1:50 – 2:50</td>
<td>B2-36B</td>
<td>Lowenthal</td>
</tr>
<tr>
<td>(Topics at the FNMT 017 level)</td>
<td>Tues 9:40 – 10:40</td>
<td>B2-36B</td>
<td>Politis</td>
</tr>
<tr>
<td></td>
<td>Wed 11:30 – 12:30</td>
<td>B2-36A</td>
<td>Chaskes</td>
</tr>
<tr>
<td></td>
<td>Thurs 4:30 – 5:30</td>
<td>B1-28E</td>
<td>Politis</td>
</tr>
<tr>
<td></td>
<td>Sat 11:15 – 12:15</td>
<td>B1-28G</td>
<td>Kenerley</td>
</tr>
<tr>
<td>(Topics at the Math 118 level)</td>
<td>Mon 5:00 – 5:50</td>
<td>B1-28G</td>
<td>Chaskes</td>
</tr>
<tr>
<td></td>
<td>Tues 2:00 – 2:50</td>
<td>B2-36A</td>
<td>Chaskes</td>
</tr>
<tr>
<td></td>
<td>Wed 12:40 – 1:40</td>
<td>B2-36A</td>
<td>Paul</td>
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<tr>
<td></td>
<td>Thurs 1:00 – 1:50</td>
<td>B2-36B</td>
<td>Kenerley</td>
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<tr>
<td></td>
<td>Sat 12:30 – 1:30</td>
<td>B2-36B</td>
<td></td>
</tr>
<tr>
<td><strong>Precalculus (161)</strong></td>
<td>Tues 3:00 – 4:00</td>
<td>B2-36A</td>
<td>Chaskes</td>
</tr>
<tr>
<td>(Topics at the Math 161 level)</td>
<td>Fri 11:30 – 12:30</td>
<td>B2-36A</td>
<td></td>
</tr>
<tr>
<td><strong>Precalculus (162)</strong></td>
<td>Mon 10:30 – 11:30</td>
<td>B2-36A</td>
<td>Hudoba</td>
</tr>
<tr>
<td>(Topics at the Math 162 level)</td>
<td>Tues 1:30 – 2:30</td>
<td>B2-36B</td>
<td></td>
</tr>
<tr>
<td><strong>Calculus (171)</strong></td>
<td>Mon 11:30 – 12:30</td>
<td>B2-36A</td>
<td>Hudoba</td>
</tr>
<tr>
<td>(Topics at the Math 171 level)</td>
<td>Thurs 11:45 – 12:45</td>
<td>B2-36A</td>
<td></td>
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<tr>
<td><strong>Calculus (172)</strong></td>
<td>Tues 11:45 – 12:45</td>
<td>B2-36A</td>
<td>Hudoba</td>
</tr>
<tr>
<td><strong>Math 251</strong></td>
<td>Tues 11:45 – 12:45</td>
<td>B2-36B</td>
<td>LaCorte</td>
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For more information at **NERC**, contact the secretary, Anita Hilliard at 215-972-6250, or Math Specialists Lilla Hudoba at lhudoba@ccp.edu and Megan Fuller at mfuller@ccp.edu. **For the NW regional center** call: 215-496-6020.

<table>
<thead>
<tr>
<th>NERC Workshops</th>
<th>Day and Time</th>
<th>Location</th>
<th>Faculty</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Beginning Algebra (017)</strong></td>
<td>Wed. 11:30 – 12:30</td>
<td>133 A&amp;B</td>
<td>Hudoba</td>
</tr>
<tr>
<td>(Topics at the FNMT 017 level)</td>
<td>Sat. 10:00 – 11:00</td>
<td>133 A&amp;B</td>
<td>Fuller</td>
</tr>
<tr>
<td><strong>Intermediate Algebra (118)</strong></td>
<td>Wed 12:30 – 1:30</td>
<td>133 A&amp;B</td>
<td>Hudoba</td>
</tr>
<tr>
<td>(Topics at the Math 118 level)</td>
<td>Sat. 11:00 – 12:00</td>
<td>133 A&amp;B</td>
<td>Fuller</td>
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</table>

<table>
<thead>
<tr>
<th>Northwest Workshops</th>
<th>Day and Time</th>
<th>Location</th>
<th>Faculty</th>
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</thead>
<tbody>
<tr>
<td><strong>Beginning Algebra (017)</strong></td>
<td>Sat. 12:15–1:15</td>
<td>Learning</td>
<td>Mekonnen</td>
</tr>
<tr>
<td>(Topics at the FNMT 017 level)</td>
<td></td>
<td>Lab (121)</td>
<td></td>
</tr>
<tr>
<td><strong>Intermediate Algebra (118)</strong></td>
<td>Sat. 11:15-12:15</td>
<td>Learning</td>
<td>Mekonnen</td>
</tr>
<tr>
<td>(Topics at the Math 118 level)</td>
<td></td>
<td>Lab (121)</td>
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</table>
**Transfer Options: Planning Ahead**

After graduating with an Associates Degree, are you looking to transfer to a four-year college or university? There are three types of transfer agreements: dual admissions, core-to-core and program-to-program.

**Dual Admissions:**

These agreements provide guaranteed admission with junior-level standing as well as scholarships with the appropriate CCP cumulative GPA. For questions about the dual admissions process, please email dualadm@ccp.edu.

**Transfers:** The Counseling Center maintains detailed information on other colleges and universities. Transfer workshops are offered and professional counselors are available for appointments to help guide you through the transfer planning process. The Counseling Center is located in BG-07 on Main Campus. For more information about these and other transfer agreements, please visit MyCCP or email transferinfo@ccp.edu.

**The Steps!**

1) Research a four-year college or university of interest.
2) Complete and submit the appropriate Dual Admissions “Intent Form” before you have earned 30 college-level credits. The forms are available in the Division of Educational Support Services in W1-1 on Main Campus or at any of the Regional Centers.
3) Meet with an Academic Advisor or Counselor to discuss the appropriate courses to take for a smooth transfer.
4) Complete all admissions/enrollment requirements as required by the transfer institution.
5) Graduate with the appropriate major and cumulative CCP GPA for a smooth transfer.

And don’t forget, the stronger your cumulative GPA, the more likely you will be offered a scholarship!

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**Please join us...**

**Showings of “Drop the Mic” in the Cube**

Stop by the Klein Cube (second floor of the Pavilion) to watch CCPTV showings of the Drop the Mic student Spoken Word Poetry competition on Mondays and Thursdays from 12:00-1:00.
**Accessibility to Possibility: The Power of Student-Faculty Collaboration**

In recognition of Diversity Week, the Center on Disability invites the College community to join us for **Accessibility to Possibility: The Power of Student-Faculty Collaboration**:

- **Date:** Tuesday, April 7, 2015
- **Time:** 3:00 – 4:15 PM
- **Location:** S2-3

Several students with a disability will discuss their educational journey and the barriers they have encountered along the way. They will be paired with faculty who have shared in the journey, have assisted in reducing barriers to instruction, and have gained insight into inclusive teaching practices.

Please join us in celebrating the power of a collaborative learning forum characterized by mutual respect. We hope students will learn the benefits of self-advocacy and faculty/staff will realize the reward in asking students about how they learn.

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**New Chinese and Japanese Culture Exhibit**

Now on display in the Library through April, students from Professor Akiko Mori’s class arranged their pieces in the display case. Exhibit also includes books from the library collection.

Co-sponsored by the Library and Language Department, this is the first of a series of exhibits planned until the end of December.

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**Upcoming Events**

The Library will be hosting the Association of College and Research Libraries Delaware Valley Chapter's Spring Program "Bridging Information Literacy Skills: School and Academic Librarians in Conversation," on April 16, 2015, 9 am-3 pm in the CBI’s Lecture Hall, C2-28. [Registration required](#).

This is an opportunity to learn from information literacy leaders who bridge the gap from high school to the college experience.

**Presenters include:**

- Cathi Furman, Library Department Supervisor, Hempfield School District, Landisville, PA.
- Brenda Boyer, Teacher Librarian, Kutztown Senior High School, Kutztown, PA.
- Tim Siftar, Liaison Librarian for Education, Computing & Informatics, Drexel University
- Barbara Eshbach, Head Librarian, Penn State-York
- Jeremiah Mercurio, Librarian and Visiting Assistant Professor, Haverford College
- Sharon Smith, Reading Specialist, Delaware County Community College
Student Focus – Keyonna Butler, TRiO SSS participant

This summer I had the pleasure to go on a great study abroad trip to Cape Town, South Africa with 8 other students. We traveled to South Africa to study the culture and traditions of Cape Town, but gained so much more than knowledge on our adventure. Cape Town is a city of great beauty and we stayed there for 2 weeks to experience the rich culture of the people, food, music, traditions and customs of South Africa. I learned so much about the history of South Africa and how it helped them become the united country it is today. Forged from a past of so many and their struggles that became one voice, one cry and one country.

From the moment we stepped off the plane I knew it would be an amazing experience. Such an amazing view from the airport seemed so rewarding and worth the 23 hour airplane ride. Everyone in the city was so friendly and welcoming. I was so excited to experience and learn about a new culture during the study abroad class. I was able to try new food such as crocodile tail and ostrich. I was also able to take part in many great adventures such as visiting Table Mountain, one of the largest mountains in Cape Town, and going on the safari. But of all the most rewarding part was experiencing the culture of Cape Town while visiting the African Café, an amazing restaurant that serves the best food from all over Africa! Not only did they entertain us with a song and dance but we got to eat delicious food as well. I had such amazing time; I wish I could have stayed for the whole summer.

Being a member of the TRIO-SSS program really helped me in many ways to travel to South Africa. Not only did being a part of the TRIO-SSS program help me connect with different students and network but it showed me how to connect with different people and use helpful tools such as resource mapping to get opportunities such as the study abroad trip to South Africa. I’m thankful for the trip and to be a part of such an amazing program such as TRIO-SSS. I can’t wait to see what the 2015 year will bring.

Staff Focus

DeForio Barlow, Testing Specialist – Assessment Center

Many who have passed through the doors of the Assessment Center to take the placement test, to retest, or just to ask questions about the process and what it all means have in one way or another met and spoken to the center’s Testing Specialist, DeForio Barlow.

DeForio has been at the Assessment Center as its Chief Examiner since 2012 and oversees day-to-day operations. What many of us at the center know is that although a hardworking and dedicated administrator, DeForio is also a wonderful and caring instructor who teaches in the Adult and Basic Education (ABE) program here at the college, as well as a devoted advisor for undergraduate members of Omega Psi Phi at local colleges and universities. As an administrator, instructor, or advisor, DeForio is a true educator, one who always starts with the particular and individual needs of each student or prospective student, one who fosters and maintains trust and respect with students and colleagues alike, and one who simply cares -- which is an attribute that can be quite hard to find these days.
“Success is not final, failure is not fatal: it is the courage to continue that counts.”
— Winston Churchill

The next issue of ESSentials will be a summer issue.

If you have items for consideration, please send them to Debbie Polekoff via email.

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**Past Events**

**Dr. Angela Lee Duckworth’s Presentation, “Matter over Mind” - March 17th** by Dr. Sandy Harrill

Angela Duckworth, University of Pennsylvania psychologist, scientist, and MacArthur Foundation Fellow spoke at CCP on March 17th. Duckworth’s work centers on grit and self-control as essential components of educational attainment. She defines grit as persistence in achieving a long-term goal. Self-control is the ability to delay gratification or resist a temptation in the moment. In other words, self-control is what you exert to sit down and do your math homework when you’d rather watch TV; grit is the persistence you display as you achieve your Associate’s Degree. Interestingly, in conversation after her presentation, Duckworth said that her research shows that among people with different amounts of educational attainment from “some high school” to post-baccalaureate degrees, those with an Associate’s Degree are the grittiest.

Below are a few specific strategies Dr. Duckworth suggested to use in class or while studying:

- Sit in the front rows of the class
- Focus on the professor not out the window because where you look matters
- Turn off your cell phone
- Close the laptop if temptations, as depicted in the photo on the right, are too irresistible.

If you would like to learn more, you can go to Dr. Duckworth’s website.

In addition, there are many YouTube videos available – just go to YouTube and search for Angela Duckworth.
The Library hosted the 16th Annual Law and Society Week Reception on February 23, 2015.

Admiring the MOVE and Osage Avenue Reimagined Exhibit. L to R: Marge Niven, Assistant Dean, Liberal Studies and Sharon Thompson, Associate Vice President for Academic Affairs, Dean of Liberal Studies

Sharon Thompson, Marge Niven, and Kathy Smith, Director of the Fox Rothschild Center for Law and Society.

Librarians, Rena Hawes-Turner and Nikki Karam, reception and MOVE exhibit organizers join fellow Law & Society Week committee members in greeting guests.

Photos courtesy of Rena Hawes-Turner